



# UNLOCK YOUR LEADERSHIP

## The Performance Gallery UNLOCK YOUR LEADERSHIP

*“For decades, effective leadership has been about having very specific attributes and achieving results. Today, we are learning that leadership is more about the optimization of human performance through a deliberate focus on self-development”.*

*(Paul McFadden & Laurie Ellington  
- The Age of the Neuro-leader, 2012)*

When you invest time with a trusted Neuro-leadership Coach, you will be coached to identify insights about being a leader who has a growth mindset, focuses on transparency and is adaptive and resilient to change. This sharp new leader doesn't try to change others, they change themselves!

Just think...

You can unlock and develop your brain's full potential, and create a brand that drives success! Be the envy of your peers, or better still share your new-found knowledge with your team and family and watch them grow.

Imagine exploring those areas that you avoid and then creating new pathways for thinking. We will turn these insights into new habits that boost your ability to better perform across all aspects of your life.

Now that's a nice thought...

It could be something holding you back from enjoying your career and life more.

Let's make that happen with our life-changing **UNLOCK YOUR LEADERSHIP** programme.



## The Performance Gallery

Unlock Your **Human Potential**

Careers, Leadership and Teams

## THE EXPERIENCE

The Performance Gallery will take you on a thinking journey, to help you **explore** what is inhibiting great performance. We will **unlock** what makes you unique and shape a vision to express it. We will support you through the **change** process by creating meaningful goals that will boost your career and life forward. We will also celebrate success.

You will undertake a 12-week programme tailored to suit your needs as an individual. You will be coached by a qualified Neuro-leadership Coach, who will support you through three stages; in a location convenient to you.

**1. EXPLORE** - become self-aware of where you are in both your career and life, and where you aspire to be in the future. Learn about the programme's vision and goals and gain an understanding of neuro-leadership coaching. This stage is made up of three main components:

- **crafting three primary goals** that focus on important areas that you want to see, feel and promote change in;
- **developing key strategies** that create the journey for the change; and
- **creating actions** to achieve as the journey unfolds to reach the goals.

**2. UNLOCK** - discover your values and style (your personal brand) to define your career sweet spot and the talents that really motivate you. We will help you unlock your goals and craft new thinking pathways and put your plan into action.

**3. CHANGE** - review what we have learnt about yourself as a leader, craft your new personal brand and create a career vision for your future. We will also develop your action plan so to continue on your new-found pathway.

The Performance Gallery uses powerful personality profiling tools, that will help you learn about who you are, supported by neuro-leadership techniques and strategies - a research based, brain science approach to optimize that ability to learn and change.

*“Specific brain-based methods create coherent, sticky learning and change strategies that drive sustained performance improvement”.*  
*(www.neuro-leadership.com)*

We also follow up after the programme to keep you on track.

## WHO

To **UNLOCK YOUR LEADERSHIP**, you need to be open to learning about yourself and what you need to do to thrive.

The programme is designed for a variety of professionals:

### LEADERS

- Boost your performance both personally and professionally, by crafting goals to achieve better work life balance & career success.

### BUSINESS OWNERS

- Craft meaningful goals for your business and create objectives and actions to enhance business performance.

### INDIVIDUALS

- Explore habits that you would like to stop or goals that you would like to achieve such as; career change, creating better work life balance or creating a sustainable lifestyle moving into retirement.

Take a look at our Unlock your Career package to help boost your career success.

Visit our website to learn more about who we are and how we work, or phone or email us to get started - **UNLOCK YOUR LEADERSHIP**.



Think better, perform better

### Kelly-Maree Liberona

Director  
Neuro-leadership Coach

021 260 1553  
kelly@theperformancegallery.co.nz  
[www.theperformancegallery.co.nz](http://www.theperformancegallery.co.nz)

