

# UNLOCK YOUR CAREER



## The Performance Gallery

Unlock Your **Human Potential**

Careers, Leadership and Teams

## The Performance Gallery UNLOCK YOUR CAREER

*"If you enjoy what you do, you will  
never work a day in your life"*

(Confucius)

When your work resonates with your values, you will jump out of bed every morning, excited by the possibilities the day holds for you. Everything else in life will feel better, as life and work are intrinsically linked.

Just think...

*"60% of our Kiwi workforce  
is not engaged, they are  
sleep walking through work"*

(Gallup NZ, 2014)

You deserve to work in an environment where your talents are celebrated, doing something you enjoy every day. Unlock and move forward from your current career slump and you can accomplish what is important to you. It could be that something simple is holding you back from enjoying your career and life.

Imagine exploring what is preventing you from a meaningful career, then creating new pathways of thinking and turning these into new goals that boost your career.

Now that is a nice thought...

It could be something simple holding you back from enjoying your career and life more.

Let's make that happen for you with our life-changing **UNLOCK YOUR CAREER** programme.

## THE EXPERIENCE

The Performance Gallery will take you on a thinking journey to help you **explore** what is inhibiting great performance. We will **unlock** what makes you unique and shape the career vision to express it. We will support your **change** by celebrating all we have learnt and create goals to boost your career forward.

You will undertake a six-week programme tailored to your needs as an individual. You will be coached by a qualified expert coach, who will support you through three stages, in a location convenient to you.

The programme is made up of three main components:

**1. EXPLORE** - become self-aware of where you are in your career and where you aspire to be in the future. Determine what 'locks' you and holds you back from loving what you do and how that impacts your work and life performance. Determine your career goals to get you moving forward.

**2. UNLOCK** - discover your values and style (your personal brand) to define your career sweet spot and the talents that really motivate you. Let us help you determine what an extraordinary career can look like. Be coached in setting your new thinking pathways and put your plan into action.

**3. CHANGE** - review what you have learnt about yourself, craft your new personal brand and create a career vision for your future. We will coach you how to put together a great job application, CV and LinkedIn profile - to reflect all we have learnt together. We will also develop your action plan so you continue on your newfound pathway.

The Performance Gallery uses powerful personality profiling tools, that will help you learn about who you are, supported by neuro-leadership techniques and strategies - a research based, brain science approach to optimise your ability to learn and change.

*"Specific brain-based methods create  
coherent, sticky learning and change  
strategies that drive sustained  
performance improvement"*

([www.neuroleadership.com](http://www.neuroleadership.com))

We also follow up after the programme to keep you on track.

## WHO

To **UNLOCK YOUR CAREER**, you need to be open to learning about yourself and what you need to do to thrive.

The programme is designed for a variety of professionals.

## INDIVIDUALS

- Become self-aware of your values, talents and brand and get the career you want.
- Embrace change, including redundancy and use it to advance your career.
- Decide if your chosen career is right for you.
- Check if 'the Monday morning bounce' is still there, and learn what to do if it's not.

## BUSINESS OWNERS & LEADERS

- Create a customised career plan to nurture your staff member's talent and boost engagement and performance.
- Help your valued staff member transition to their ideal career path.
- Support your staff members going through change, including redundancy.

Take a look at our **UNLOCK YOUR HABIT** package to help boost individual habits to impact career success.

Visit our website to learn more about who we are and how we work, or phone or email us to get started - **UNLOCK YOUR CAREER**.

Think better, perform better



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